



# STUDY POINTS Social and Behavioral Health Module

MyEMCert study points can be used to focus areas of study and preparation. The study point does not contain specific information that would lead you to the diagnosis or correct answer but would instead direct you to learning and reference materials.

# **Social and Behavioral Health Study Points**

#### **General Considerations**

- Treatment of a patient with a mental health emergency
- Treatment of a patient who lacks capacity for decision-making
- · Optimizing communication with patients with mental health conditions
- The principle of implied consent
- · EMTALA and medical screening exam requirements
- · Treatment of patients with altered mentation

## Substance Use Disorders

- Treatment of opioid overdose
- Treatment of opioid withdrawal syndrome
- · Disposition of patients with opioid use disorder
- Complications of opioid abuse
- Complications of IV drug use
- Treatment of antipsychotic medication overdose
- Treatment of hallucinogen ingestion
- Recognize and treat benzodiazepine withdrawal
- · Differentiate benzodiazepine withdrawal from other medical conditions
- Treatment of alcohol withdrawal
- Screening tools used to predict alcohol withdrawal severity
- Treatment of alcohol withdrawal, including delirium tremens
- Pharmacology and clinical features of cannabis ingestion
- Treatment of agitation associated with substance abuse

## Mood Disorders and Thought Disorders (including depression, suicide, and schizophrenia)

- Communicating with patients who have thought and mood disorders
- Recognizing depression
- Treatment of postpartum depression
- Suicidal risk factors (including high-risk factors)
- Suicide risk assessment and stratification
- Treatment of patients with suicidal ideation
- Treatment of an elderly suicidal patient
- Risk determination for safe discharge in a suicidal patient
- Differentiating psychosis from organic disorders
- Treatment of patients with homicidal ideation
- Medical direction to EMS personnel regarding delusional patient

#### <u>Children</u>

• Recognition and management of self-inflicted cutting in adolescents

#### **Neurotic Disorders**

- Evaluation and treatment anxiety
- Recognize and treat patients with health anxiety disorder

## **Organic Psychoses (including Dementia)**

- Recognize organic disease and differentiate it from psychosis
- Delusions secondary to Parkinson's disease

#### Agitation

- Treatment of the agitated patient
- Pharmacologic treatment for patients with agitation
- Treatment of the agitated elderly patient
- Pharmacologic treatment for elderly patients with agitation
- · Treatment of altered mental status with agitation

## Adverse Drug Effects

- · Management of patients with adverse effects of antipsychotics
- Recognize and manage hyperthermia
- Recognize serotonin syndrome and its management
- Understand that medications in the elderly can lead to adverse effects
- Treatment for antipsychotic-induced akathisia
- Treatment of medication-induced dystonia
- · Describe presentation of patients with serotonin syndrome
- Complication of neuroleptic therapy

#### Violence and Exploitation

- Evaluation and recognition of interpersonal violence
- Common signs of interpersonal violence
- · High-risk and lethal situations associated with intimate partner violence
- Differentiating fractures associated with intentional abuse from nonintentional trauma
- Evaluation and treatment of suspected victims of elder abuse
- Recognition of elder abuse
- Treatment of patients with sexual assault
- Recognize patients at high-risk for being victims of human trafficking

#### <u>Children</u>

 Recognize injuries associated with intentional (abuse) versus nonintentional (accidental) injuries in children

#### **Psychosomatic Disorders**

- Recognize somatic disorders
- Recognize patients with nonepileptic psychogenic seizures
- Treatment of patients with nonepileptic psychogenic seizures
- Treatment of catatonia
- Evaluation and treatment of factitious stroke
- Evaluation and treatment of a conversion disorder

## **Eating Disorders**

- Recognize presentation of and complications of eating disorders
- Diagnosis of hypokalemia in anorexia

#### Pain Management

- Treatment of chronic pain
- Treatment of acute pain

#### Miscellaneous

- Taking a medical history in transgender patients
- Treatment options for end-of-life care
- Diagnostic evaluation of hepatic encephalopathy
- Treatment of patients with an environmental exposure